

Northern Monasteries  
4 Days + optional free city walking tour of Ulaanbaatar

# NORTHERN MONASTERIES



## Supporting the Davaasuren & Davisuren families

**'The personal touch made us feel special.'**

**Emily Brackstone, tailor made experience**

This is a customisable trip. It is adaptable, giving you the freedom to build a unique and personal trip for your chosen date. Upgrade your accommodation for all - or just part - of your trip, slow down the pace with few extra nights here and there or add a few more active adventures along the way. All images used throughout this document were taken either by EL guests or members of the EL team. This is the Mongolia that you will also experience.

## Our Tailor Made Experiences In Brief



Our tailor made trips are designed to provide you with the ‘essence of Mongolia.’ To give you an insight into the country and the variety of people and the diversity of the way of life in 21st Century Mongolia. We use the information you provide in your emails and bring our philosophy to create a flexible experience around what you’re looking for.

You travel with one of our teams of Mongolian (male) driver and (female) trip assistant. You have your own private Russian Furgon 4x4 van. Yes, there is structure to the itinerary but there is plenty of flexibility as well. Each itinerary is designed to provide you with a more individual style of travel - time to explore and discover each location for yourself - to create your own individual experience.

## Quick Overview

Date	Location	Accommodaion	Travel	Meals provided / arranged by EL
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### Ulaanbaatar

Day to suit you	Discover Ulaanbaatar   Free city Walking Tour	Your own choice of accommodation	Free transfer * including free departure transfer	Local lunch and welcome drink
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### Northern Landscapes

Day One	Trans Mongolian   Amarbayasgalant Monastery	Basic ger at family operated ger camp - with Davisuren family	Approx 7 hours on local train   2.5 hours driving time	L/D
Day Two	Amarbayasgalant Monastery   Bulgan	Provincial Hotel	180km on dirt and asphalt road	B/L/D
Day Three	Khogno Khan Nature Reserve   Elsen Tarakhai sand dunes	Basic ger at family operated ger camp - with Davaasuren family	200km on dirt and asphalt road	B/L/D

### Ulaanbaatar

Day Four	Ulaanbaatar	-	285km on dirt and asphalt road	B/L
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Online map - [https://www.tripline.net/trip/Northern\\_Monasteries\\_-\\_Mongolian\\_4-day\\_tailor\\_made\\_experience-1620000017321017A05BFE98396262E2](https://www.tripline.net/trip/Northern_Monasteries_-_Mongolian_4-day_tailor_made_experience-1620000017321017A05BFE98396262E2)

## Day By Day

### Day to suit you

#### Discover Ulaanbataar | Free City walking tour



Ulaanbaatar is home to roughly 45% of Mongolia's population and our free city walking tour will give you a more local introduction to this vibrant frontier style city with a strong Mongolian identity of its own.

Yes, the city is chaotic and loud and not as glamorous as other capital cities but it is the beating heart of Mongolia and the hub of contemporary Mongolian urban life. The reality for many Mongolians takes place in this urban context, in a city they are striving to develop and improve. Ulaanbaatar deserves to be appreciated and explored as the urban centre that it is.

Our informal and relaxed city walking tour will give you a contrasting insight into a way of life, compared to that of the rural population. This day is not about museums or shopping – it's about getting out and about and exploring and discovering.

Today you'll spend the day in the company of one of my female Mongolian trip assistants. The day will include Nogoön Nuur (Green Lake) community project - a community space created for the local population of the nearby Bayangol ger districts by Ulzii - a Mongolian philanthropist - as well as other areas of the city including Gandan Monastery.

#### Logistics

- Accommodation: Of your own choice
- Meals: Local lunch and welcome drink
- Travel: Free transfer

# Day One

## Local Trans Mongolian Train | Amarbayasgalant Monastery



Today is very much about the journey as well as the destination. You'll transfer to the Ulaanbaatar train station for your train ride to Darkhan - a small industrial city in the north of Mongolia. You'll travel second class in a compartment with four beds and your EL trip assistant will accompany you. The journey is approximately 6 hours and 30 minutes and is a delightful way to leave the city - as the rolling steppe slowly unfolds. You'll be passing through some of Mongolia's most important agricultural land.



On arrival in Darkhan, your EL driver will be there to meet you and you'll continue the relatively short distance to Amarabyasgalant Khiid where the remains of Zanabazar - Mongolia's first Living Buddha (spiritual head of state) - are interred - was constructed between 1726 - 1736, when Mongolia was under heavy Manchu influence and this influence can be seen today. By the early 1890s Amarbayasgalant was one of the greatest pilgrimage destinations in Mongolia.

The monastery is situated in a haven of rugged beauty in the cul-de-sac of a long, deep valley backed by Mount Buren-Khaan against which the monastery is built. The valley is well-watered by the Iver River and has long provided an essential water source for nomadic herders and their livestock.

## Logistics

- Accommodation: Basic ger at small family operated ger camp (3-4 guest gers). Asian style outside long drop toilet. No showers

## Staying With Davisuren



At Amarbaysagalant we work with Davisuren. She is a grandmother who's son is a herder out in the Iver Valley. She lives in a small house located close to the monastery and has a small shop that the young monks and local community members use. Davaasuren offers three gers for visitors to stay in. Her way of life is basic and so is the ger accommodation she offers. But the location is fantastic - next to the monastery which means you are free to explore the monastery and it's stunning surroundings independently on foot without any need for a vehicle.

- Meals: L/D
- Travel: Roughly 1015 -1730 on the local train and then approx 2.5 hours driving time on dirt and asphalt road. Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions

# Day Two

## Amarbayasgalant Khiid | Bulgan



Complete flexibility in the morning to explore the monastery and its surroundings. We highly recommend climbing the steps up to the stupa for immense views. You'll depart for Bulgan after a late lunch.

### Why Do We Stay In Bulgan?

Is Bulgan considered a highlight of Mongolia by the guidebook writers? No! Although Bulgan is the capital of Bulgan Province life is quiet in this small town but remember, this is the way of life for a majority of its inhabitants.



## **Logistics**

- **Accommodation:** Provincial hotel with western facilities although not necessarily en-suite
  - **Meals:** B/L/D
  - **Travel:** Roughly 180km on asphalt and dirt road (approx 5-6 hours driving time not including stops). Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions
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## Day Three

### Khogno Khan Nature Reserve | Elsen Tasarkhan Sand Dunes



Khogno Khan is a sacred granite mountain within an area of secluded valleys, fresh water springs, open steppe and the Elsen Tasarkhai sand dunes. Khogno Khan Nature Reserve was taken under state protection partly due to the specialised taiga and steppe plants that grow in this area. The small but vital Tarna River provides an essential water source for the herders in the region.



One option is to explore the hidden interiors of the mountain on an easy 3-hour hike to the small working temple of Erdene Khambiin Khid and the ruined Ovgon Khiid Monastery. A birch bordered path leads to this location and offers one of the most beautiful panoramas of the region.



This is what we call a connecting day as you travel between landscapes. You'll be passing through mountain forest steppe scenery - the rainfall in these areas provides rich pasture for livestock and as you drive through you'll be able to observe the way of life in this region. Travelling through the vast landscapes allows you to witness and connect with the local way of life as well as gaining an understanding how the landscapes and the challenges that the locals face within them have helped to form the Mongolian personality - the individualism, hardiness, endurance, self-sufficiency, tolerance and their spirit of freedom.

However, we need you to be flexible and patient. During the road transfers don't spend all your time in the vehicle thinking 'when will we get there.' You're already there - surrounded by the beauty that is Mongolia. For the driving times, we recommend removing your watch and let the day, the landscapes and the journey unfold - its basically travelling the Mongolian way.

## Logistics

- **Accommodation:** Basic ger at small family operated ger camp (4-6 guest gers). You will have to share a ger with 2-4 other members of the group. Asian style outside long drop toilet. No showers

## Staying With The Davaasuren Family



At Khogno Khan, we work in long-term local community partnership with the Davaasuren family who have lived in the region their whole life. Using the guest ger accommodation that Davaasuren and his family provide allows you to experience their daily life side by side with them.

However, please understand though that as their way of life is simple, so are the facilities they provide. The family offer 4-6 guest gers alongside their own family ger.

The family keep a small number of livestock - including horses & camels. They are a quiet couple who are always happy to welcome guests. They are located in an idyllic spot at the foot of the Elsen Tasarkhai sand dunes where they live all year round. This really is location, location, location.

- **Meals:** B/L/D
  - **Travel:** Roughly 200km on dirt and asphalt road (approx 6 hours driving time not including stops). Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions
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# Day Four

## Ulaanbaatar



Return back to UB where we'll transfer you to your accommodation and the rest of the day will be yours to create your own experience. Remember you could use our UB guide to help you to explore the urban side of Mongolian life in downtown Ulaan Baatar. Alternatively, one of our trip assistants could be made available but please let me know in advance.

### Logistics

- Accommodation: Of your own choice
  - Meals: B/L
  - Travel: Roughly 285km on asphalt and dirt road (approx 6-7 hours driving time not including stops). Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions
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## Pricing And Group Size

- For all of our trips we offer a sliding price scale. We appreciate your holiday funds are precious and so the more people that book so the price comes down and everyone benefits.
- If you are travelling with children, let us know their ages as we do offer free experiences for children under 15 excluding certain costs.
- Maximum of 4 guests per vehicle.

**Group Size - Minimum of two. Maximum of six.**

- 2 Guests US\$ 1065 pp
- 3-5 Guests US\$ 880 pp
- 6 Guests US\$ 805 pp

## Where Does Your Payment Go?

- In our experience, how people choose who to book with usually comes down to the cost. Budget is a very personal thing and everyone is different in what they want to pay.
- We're a registered Mongolian business and registered social entrepreneurship. We are not a luxury tour operator. We're a small business that receives around 100-150 bookings per year. We can't compete on price with our budget competition that don't pay sustainable wages, or with the international companies that use agencies to run their trips and receive 1000s of bookings per year. We also can't compete with unregulated individual guides or drivers that offer cut-price trips.
- To help you see where your payment goes, we're very much driven by our philosophy of making a positive difference in Mongolia through tourism. Your payment remains in Mongolia and goes back into the communities through which you travel. We are also a member of Tourism Declares A Climate Emergency - a collective of travel organisations who have declared a climate emergency and are coming together to find solutions. We accept our responsibility to tell the truth, work together, and help build a new, regenerative tourism.
- We focus on community-based tourism - working directly with local people and communities - slowly building up relationships and what we call long-term local community partnerships with them. We work side by side with each family and look at ways we can support them.
- We also run our free long-term training school for Mongolian women that want to work in tourism but don't have the skills or knowledge to do so. We provide free training and then create long-term employment opportunities for them.

## Exclusions

Please be aware that our trip pricing excludes the price of accommodation in UB though. Why? Everyone is different is the standard of accommodation they prefer at the start and end of a trip. As there is now such a variety of hotels in UB it is easier to exclude this cost. I provide a list of ideas covering varying standards and budgets and I can also help with booking. There's everything from a homestay through to Airbnb, US\$10 guesthouses and the Shangri-La.

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I provide detailed Pre Departure Guidelines but this is your 'quick (ish) glance' introduction to the EL travel style.

Why this section? I'm not greedy. EL is not a general travel agency and we don't want to be all things to all people. We are an independent micro business driven by the philosophy to support local so that our style of trip is beneficial to all. We use no outside agencies.

We are not perfect. We are just ordinary people trying our best to do something we love. We are not an ever-expanding group of travel professionals. We make mistakes. But we genuinely know and love Mongolia and are willing and eager to learn, develop and strengthen based on feedback from our guests and from all we work with. If it helps, we get repeat custom.

## Travelling In Mongolia

Mongolia is the second largest landlocked country in the world. The infrastructure is basic. Mongolian people are tough and resilient and make their way of life in both the city and countryside look easier than it is. Mongolia will challenge you and at times irritate you but it's worth the effort. We're on hand to iron out any niggles and make the experience as smooth as possible but please remember that most of these hiccups are part of life in Mongolia and therefore travelling in Mongolia. We expect you to bring your flexibility and sense of adventure with you.

## Travel Times

The travel times are listed under the breakdown of the daily itinerary (under the subheading logistics). Please make sure you are aware of these travel times but remember that an integral part of Mongolian culture is not to ask about the length (time) of any road journey. Mongolia can be a challenging destination, road conditions can change dramatically with the weather and some drives may become longer as a result. But, don't be put off by the road journeys. They're part of Mongolian life. Accept them as part of the experience - Mongolia really is about the journey as much as the destination.

## Your Tour Vehicle - The Russian UAZ \ Furgon Van

- Our Furgons are driver owned but we support the drivers with maintenance fees.
- Each Furgon has a high wheel-base, ample luggage space, a sociable layout with forward and backward facing seats, surround side windows and most importantly, impressive off-road capability.
- As is typical with all Furgons, due to the design of the vehicle, seat-belts are not available (2019 although we're working on it for 2020. Get in touch for details if you're concerned but our Furgons are fitted with grab handles in the passenger area.
- Each EL vehicle has its own simple mobile kitchen, its own sunshade, a small library as well as a 220v inverter/charger. We only put a maximum of three to four EL guests per vehicle.

## Your EL Team

### English speaking Female Mongolian trip assistant

- As a female, it is important to me to use my skills and influence to improve the prospects for other women.
- We don't source the 'best' guides that work the tourism circuit and that already have guaranteed work with other companies. Instead, we provide free long-term training, development and employment opportunities to Mongolian women that want the opportunity to work in tourism (whether that be for a professional reason, for development of personal skills or for economic empowerment) but that other companies won't take as they don't fit the stereotype. Our female Mongolian trip assistants are dynamic women who are searching for an opportunity to train and develop and we provide that long-term opportunity.
- You'll travel with someone who sincerely loves their home country, loves their job and genuinely care about you as our guests. They also have a respectful connection with each of the families we work with and this leads to a more genuine insight for you.
- For us, this is a long-term investment and we invite you to part of this bigger travel philosophy. We're proud to be able to provide a starting block to women in Mongolia.

### Male Mongolian Driver

- We employ ten drivers. We know each one and their family personally.
- They are not modern city men - they are more traditional men - often now overlooked by other tour companies who prefer younger more international Mongolians who speak English. We wanted to provide equal opportunities and so as our trip assistants are female and typically younger with a more modern outlook, so our drivers are all male, older and from more traditional backgrounds. We find it is a partnership that works well.
- Yes, their English is limited but their role is to handle the Mongolian roads and not to converse fluently in a multitude of languages.
- Our 'boys' have superb driving skills, are expert mechanics and are supremely talented at the skill of 'mongolclock' - improvising the Mongolian way. It's a joy to watch so if your vehicle does break down, don't get angry. Instead, watch the drivers do what they do best - improvisation.
- They are of the strong and silent type but take the time to know them and you'll see why we employ them and why they are an essential part of our EL family and great, all-round men.

## Our Local Long Term Community Partnerships

- We work with a network of local families throughout the country. These are long-term local partnerships we have built up over the 13 years+ we have been based here. These are also our own personal friendships.
- BUT ... We never ask a family to change their daily living for us. We do not try to change Mongolians or their way of life for our/your own benefit or comfort. We don't ask them to change their daily schedule or to put on an 'act' as this would lead to a contrived experience.
- BUT ... Guidebooks portray Mongolians as being warm and welcoming. They are. But they can also be stubborn, taciturn, reserved and very very indifferent. Yes, they can be welcoming but they really do not like displays of impatience, superiority, arrogance or anger and will make it known when they are not happy. They also rarely wear a watch let alone work to an agenda.
- BUT ... As in our everyday lives, sometimes plans change and a family has to go to UB (for a medical reason etc). You will almost certainly comment that you will wish you had more interaction with local families but their livestock and their family life must come first. Reverse the situation for a moment and think about the impact on your life if visitors wanted to document everything about you.
- BUT ... Nothing is planned in any program, because we do not disturb the rhythm of life of the working families visited. We are just trying to share / experience a portion of their life.
- **Yes, there will be tasks in which you can participate. But, you need to be proactive. Offer your time and help.**

### Logistics - Meals

- Mongolia one of the most remote countries in the world with a population of 70 million+ livestock. The food Mongolians eat reflect this.
- However, each of our vehicles has a simple portable kitchen as it offers you more freedom and flexibility as we're not reliant on anyone else to provide meals. It also means we can have picnic lunches en-route so as we prepare them you can be exploring the local landscapes or sitting and taking in the view.
- But, it's not the same as a modern well-equipped kitchen. Also, your trip assistants prepare your meals and we're not professional chefs. Also, we take food miles into consideration and prefer to purchase produce local to Mongolia so we do not provide kale smoothies or Thai curries or paella or Chinese stir fry. We just provide honest, heartening grub.
- We buy as much fresh produce as possible but fresh fruit is not available daily. Please remember where you are and that there will be limitations as to what we can provide. If you're the type of person that must have five pieces of fruit a day then you may struggle.
- We often include the families we work with in our meals and so cook to please all including the EL team. However, we do adapt to those with dietary requirements. We frequently cater for vegetarians, those who are following dairy or gluten free diets and even vegans but as mentioned, there will be limitations in place.

### Logistics - Weather

Mongolia's weather system has a reputation for a reason. And yes, it may well rain. See it as a blessing. Mongolian herders celebrate rain as without it fresh pasture cannot grow and they lose their livelihoods. We'll prepare you for what weather to expect during your trip (including links to the long-range weather forecast for the regions you will be visiting) and also provide a detailed packing list on booking.

### Accommodation - Family Operated Ger Accommodation & Homestays

- As much as possible we use rural family operated ger accommodation. We prefer to support this local form of accommodation as it helps provide a supplementary income and extra financial security for them meaning they are one step further away from having to consider urban migration.
- These are all families we work in long-term local community partnership with - we NEVER turn up unannounced and we never just turn up to a herding family demanding accommodation.
- The circumstances and type of ger accommodation provided will change from family to family. Consider them as small rural businesses NOT rustic luxury homestays. Some accommodation is offered by herders (maybe one separate ger), some is offered by 'retired' herders who no longer migrate (two to four separate gers), some by families that live in small town communities and some by families that own small ger camp businesses (mini ger camps of between 7 to 10 gers). On a couple of itineraries it may also involve sleeping on the floor of the family ger on a mat (such as in western Mongolia).
- Be prepared for a variety of standards. Please remember that this is someone's way of life and home and that they provide what they can in relation to their circumstances.
- Beds will vary in comfort - most rural family members still traditionally sleep on the floor so don't really understand the concept of double memory foam mattresses! See below for more details on toilets and showers.
- You should have your own private ger either to share as an EL group (small group trip) or on your own (tailor made trip) but we don't offer exclusivity as this limits the income of the families so do expect other westerners during peak times. We try to get the right balance but during peak season please accept that you might see other westerners

### Accommodation - Toilets & Showers (Family & Homestay)

- **A majority of Mongolia's population do not have access to running water.**
- Toilets - Some will be better than expected. Some will be worse than expected. Most will outside long (or short) drop Asian style and if it is at a family home then the toilet will be shared by you and the family. The toilets are not there to disgust you - this is the reality of life on the ground.
- Showers - Most Mongolians visit the local town shower house. So this is what you do as well. It gives you an introduction to real daily life for a majority of Mongolians in both urban and rural areas as well as a hot shower. You get your own private cubicle with plenty of hot water. Queue with the locals and enjoy experiencing a little of their daily way of life

### Accommodation - Tourist Ger Camps

- If requested and in some locations (such as Khovsgol), we do offer accommodation at ger camps. We don't book the most luxurious or the most exclusive. Instead, we choose the ones that we think work best for you and your style of trip as well as the locations you are visiting.
- There **WILL** be times during your journey when the availability of certain amenities at these ger camps may be lacking. The reasons for this can be varied - low season; high season; electricity/generator problems; remote locations; the simple fact that some amenities are only catered for between certain times of the day. Examples of this could be a ger camp having a lack of hot water, or only having hot water at certain times.
- Lighting in the evening at some places may be by candle-light, and electricity may not be available.
- **Also be prepared for noise - especially if it is in the busy summer season. Not just from the large tour groups that use the ger camps but also from staff members that often congregate in the evenings, the noise of generators when used and also from the parking area ... where drivers head to carry out mechanics and to meet other driver friends they haven't seen in a while. Not all ger camps will be the peaceful idyll you may expect.**

### Accommodation - Tent Camps

- Not all itineraries include tent camping. Please check your itinerary.
- We use VANGO Hurricane or Nemesis tents. There is also always a kitchen tent and also a toilet tent. However, this is not the same as a 5\* safari in Africa!
- When camping, we do not camp too close to family gers as this intrudes on their privacy. However, local life is only a short walk away. If you like landscapes then you will love our campsites.

### Accommodation - Local Hotels

- We don't use hotels in all itineraries.
- Where we do use a hotel, it is locally owned - built for the passing Mongolian trade rather than for western visitors so they have been built with the local population in mind so they are not corporate chains. However, one or two will pleasantly surprise you.
- Why do we do this? It brings money and support into the local communities. As well as staying at the hotel we eat in local restaurants and buy our tour produce from the local market so you get a more real insight into the way of life for the locality.

## 21st Century Mongolia

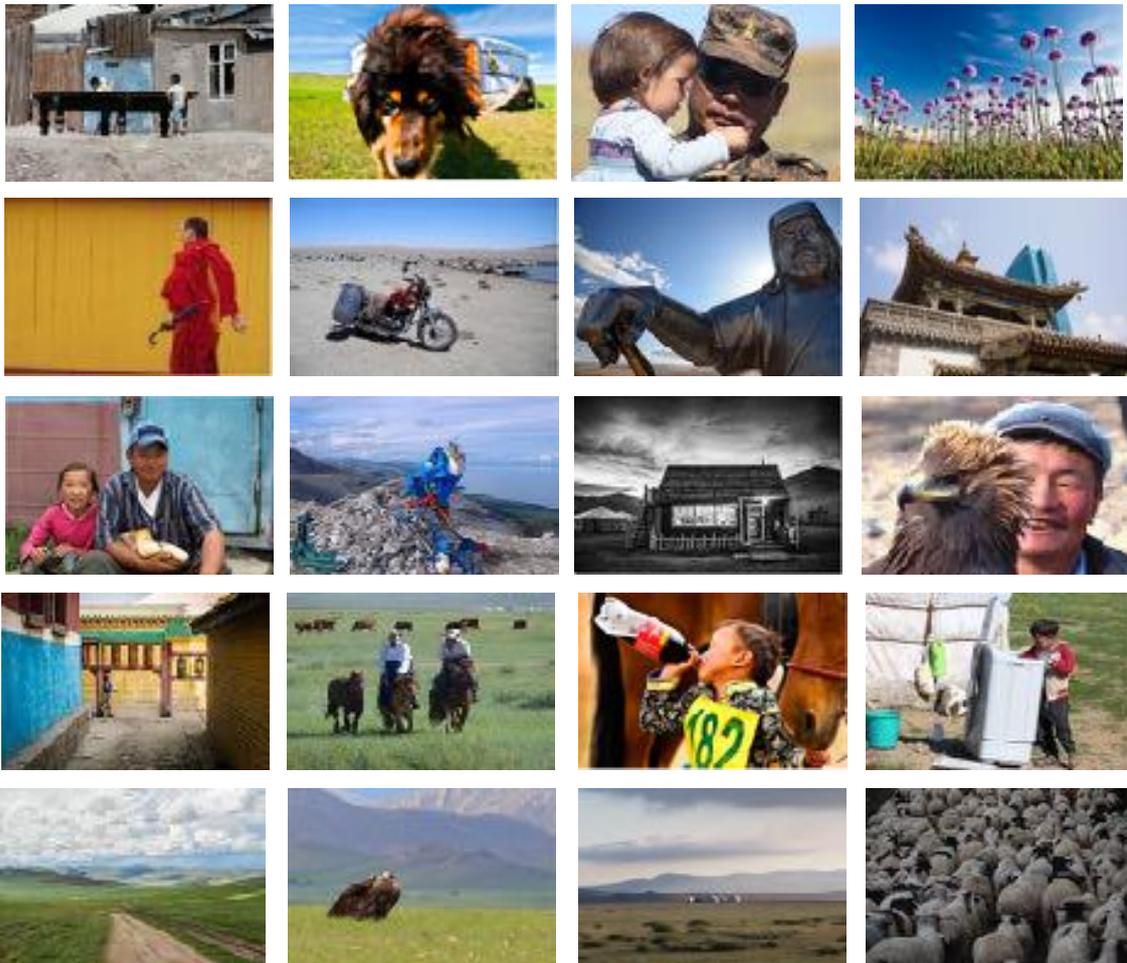


Mongolia is frequently depicted as a pristine untouched wilderness little changed since the time of Chinggis Khan. But this is not 21st Century Mongolia - this is stereotype or clichéd Mongolia. The traditional culture still remains but there is a drive for modernity and progress.

Our trips focus on 21st Century Mongolia - we try to provide a 'realistic' overview rather than that portrayed by guidebooks and other tour companies. To just want to experience the life of the traditional nomadic way of life is to ignore a majority of the population. We're proud of the long-term local community partnerships we have formed with all spectrums of Mongolian society - from a philanthropist in Ulaanbaatar, to female Kazakh eagle huntresses and also the Tsaatan community. However, Mongolians live in the cities of Darkhan and Erdenet. They also live in the other provincial centres as well as the smaller town and rural communities. There are teachers and Christians and those with disabilities and policemen and musicians and military personnel and accountants and miners and geologists and drivers and shop owners and construction workers and street cleaners - they are all Mongolians.

Don't come in search of what you term the authentic Mongolia. Discard the perceptions that perpetuate the stereotypes of Mongolia and aim for a more true encounter of real life. We ask you to ditch your preconceptions based on what you've read and watched. Instead come with an open mind and be challenged, surprised and often delighted.

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There's a hunger for knowledge, understanding, and excellence that drives Mongolian society, and things are changing quickly, but remember that a lot of major changes have happened within just a couple generations. Be patient with Mongolia. While it works through the changes that are going to make it a better place, savour the gifts it offers and try to spend less time worrying about small issues that aren't being met - such as hot showers or lack of western toilets. Remember, Mongolians are living this life everyday through all seasons not just for a few weeks.

Mongolians are tough people and make living in their country look easy. But, Mongolia is not an easy option - tourism is still in its infancy so there is only a rudimentary tourist infrastructure in place. It's actually quite refreshing but will be challenging for you.

As Jack Weatherford writes in *Genghis Khan and the Making of the Modern World* - 'Compared to the difficulty of daily life for the herders, living permanently in those areas, ours were only the smallest of irritations.'

**Any questions, queries or concerns? Just send them across to me at [jess@eternal-landscapes.co.uk](mailto:jess@eternal-landscapes.co.uk). I am always happy to be of help!**

*Jess*