

Gobi Steppe Trails  
6 Days & option of free city walking tour of Ulaanbaatar

# GOBI STEPPE TRAILS



‘Every local family provided a great insight into their way of life. They felt involved rather than used. It felt that we were part of something rather than an inconvenience. This really helped us gain a great insight and have a truly beautiful experience.’

Martin Slaven

This is a customisable trip. It is adaptable, giving you the freedom to build a unique and personal trip for your chosen date. Upgrade your accommodation for all - or just part - of your trip, slow down the pace with few extra nights here and there or add a few more active adventures along the way. All images used throughout this document were taken either by our guests or members of our team. This is the Mongolia that you will also experience.

## Quick Overview

Short on time but liking the idea of exploring by bike? If you're happy to do things a little differently then consider our Gobi Steppe Trails.

From granite rock formations to vast open steppe, there's a variety of backdrops. The Gobi Desert's awe inspiring immensity is felt even more vividly when you are on a bike cycling through its rugged stark beauty. Yet, this itinerary is not about 'must see sights' or the highlights of Mongolia. This is about you biking through rural communities and discovering and exploring the different regions of the middle Gobi. It means you'll experience the diversity of the way of life of the people that make their home in these immense and beautiful landscapes as they welcome you and host you.

We'll take you to some our favourite biking routes and you have the flexibility to decide how much you want to explore by bike with the EL tour vehicles providing support meaning you can always change from two wheels to four.

Date	Activity	Accommodation	Transport / Distance	Meals provided / arranged by EL
<b>Ulaanbaatar</b>				
Day to suit you	Discover Ulaanbaatar   City walking tour	Your own choice of accommodation	Free transfer	Local Lunch   Welcome drink
Day One 	Chinggis Khan Equestrian Statue   Gorkhi Terelj National Park	Your own choice of accommodation	<ul style="list-style-type: none"> <li>Driving - 120km on asphalt road (60km one way)</li> <li>Biking - flexible with vehicle support</li> </ul>	Lunch
<b>Middle Gobi</b>				
Day Two 	Baga Gazriin Chuluu Granite Rock Formations	Private ger next to herding family - with Dembee family	<ul style="list-style-type: none"> <li>Driving - Approx 195km driving on asphalt road</li> <li>Biking - 40km biking (off road track) with support vehicle</li> </ul>	L/D
Day Three 	Gobi Oasis Tree Planting Project	Ger at family home in small town	<ul style="list-style-type: none"> <li>Biking - Up to 75km biking (off road, rocky paths) with vehicle support</li> </ul>	B/L/D
Day Four 	Erdenedalai	With Nergui family	<ul style="list-style-type: none"> <li>Biking - Up to 110km biking (varied terrain) with support vehicle</li> </ul>	B/L/D
Day Five 	Erdenedalai	With Nergui family	<ul style="list-style-type: none"> <li>Biking - Flexible biking</li> </ul>	B/L/D
<b>Ulaanbaatar</b>				
Day Six  (optional)	Zorgol Khairkhan   Ulaanbaatar	Your own choice of accommodation	<ul style="list-style-type: none"> <li>Driving - 280km on asphalt and dirt road</li> <li>Biking - relaxed biking option at lunch</li> </ul>	B/L

## Map Of Route



Online map - [https://www.tripline.net/trip/Gobi\\_Steppe\\_Trails\\_-\\_Mongolian\\_6-day\\_tailor\\_made\\_mountain\\_biking\\_experience-6222364335721017B81286FBF2BE7C40](https://www.tripline.net/trip/Gobi_Steppe_Trails_-_Mongolian_6-day_tailor_made_mountain_biking_experience-6222364335721017B81286FBF2BE7C40)

## Nuts And Bolts

Where do you cycle when there are no roads? Vast and wild, the Mongolian steppe is the perfect setting for a rugged, off-road adventure. Experience wilderness and a way of life that's withstood the test of time and the elements. Dirt, grass and gravel roads abound. Where there are no tracks, simply pedal your way across open steppe - the rolling undulating terrain that makes up the majority of the country. We have developed great cycling routes in collaboration with the local communities that we work in long-term local community partnership with.

With our Gobi Steppe Trails you make your own pace although we suggest that at least a moderate level of physical fitness will be an asset. Distances are detailed in each itinerary but are fluid and depending on the local conditions and how the group members feel. You can choose to cycle the whole distance or you can hop in the van whether that's for only an hour or for the whole day.

While there are no 'technical' mountain biking sections experience confidence in riding dirt trails will be an advantage as all biking days are on dirt, grass or gravel trails - typically vehicle width. The passes referred to in the itinerary are typically low - usually requiring just 100-200m of vertical rise / descent although this does depend on the final route chosen.

**There are more details towards the end of the document.**

## Day To Day

# Day To Suit You

## Discover Ulaanbaatar | Free city walking tour



Ulaanbaatar is home to roughly 45% of Mongolia's population and our free city walking tour will give you a more local introduction to this vibrant frontier style city with a strong Mongolian identity of its own.

Yes, the city is chaotic and loud and not as glamorous as other capital cities but it is the beating heart of Mongolia and the hub of contemporary Mongolian urban life. The reality for many Mongolians takes place in this urban context, in a city they are striving to develop and improve. Ulaanbaatar deserves to be appreciated and explored as the urban centre that it is.

Our informal and relaxed city walking tour will give you a contrasting insight into a way of life, compared to that of the rural population. This day is not about museums or shopping – it's about getting out and about and exploring and discovering.

Today you'll spend the day in the company of one of my female Mongolian trip assistants. The day will include Nogoos Nuur (Green Lake) community project - a community space created for the local population of the nearby Bayangol ger districts by Ulzii - a Mongolian philanthropist - as well as other areas of the city including Gandan Monastery.

### Logistics

- Accommodation: Of your own choice
  - Meals: Local lunch and welcome drink
  - Travel: Free transfer
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# Day One

## Chinggis Khan Equestrian Statue | Araybal Temple | Gorkhi Terelj National Park



Drive out to Tsonjin Boldog - this is the remarkable statue of Chinggis Khan. All 131 ft of it! Yes, it is a tourist attraction but it's a big draw for Mongolians as much as westerners and the view is spectacular - facing east overlooking his homeland.

From here, swap four wheels for two and spend the rest of the day on a flexible and relaxed biking exploration of Gorkhi-Terelj National Park.

Although Terelj has a feeling of being over-developed (the main valley was first developed for tourism in 1964 with most continuing construction not having planning permission) and built up it remains a stunning area of magnificent alpine scenery which is still a joy to explore. There are other 'famous' sights en-route to your accommodation such as the Araybal Temple. You can decide on the day if you would like to visit or not.



You also have the option of crossing the Terelj River and heading on quieter trails to the home of Naraa and Bujee - herders that move twice a year. They live approximately 10km from the main developed area across the Terelj River in an area of gentle beauty. Visiting their accommodation provides a great insight into how herders are adapting - setting up micro businesses as a way of substituting their income.



Return to Ulaanbaatar (by vehicle) at a time to suit you.

### Logistics

- **Accommodation:** Of your own choice
- **Meals:** Local Lunch
- **Travel:** Roughly 60km on asphalt road each way (approx 1 hour driving time each one depending on city traffic but not including stops. Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions)
- **Biking:** Flexible biking distance with support vehicle on mix of terrain including option for quieter asphalt road (through Gorkhi Terelj National Park). With vehicle support.

# Day Two

## Baga Gazriin Chuluu Rock Formations



An early start as you drive south on asphalt out of Ulaanbaatar and towards the middle Gobi.

Your final destination today is Baga Gazriin Chuluu - characterised by extensive granite rock formations and surrounded by steppe and semi-desert habitat. By-passed by most companies for the more famous 'southern Gobi', Baga Gazriin Chuluu is so much more than just the rock formations. The underground springs provide a water source and as a result, Baga Gazriin Chuluu is rich in history as well as the herding culture. We include our great 3 hour (rocky) hike into the interior where you'll be the only people and the views are stunning.

**The maximum cycling option (with driving support) is 40km on gravel / dirt track - local jeep trails that connects small rural communities and seasonal pastures.**

### Logistics

- Accommodation: Basic private ger next to herding family. Asian style outside long drop toilet. No showers.

### Staying With Dembee



At Baga Gazriin Chuluu, we work with Bataa and Dembee. Herders who (together with their two children who attend boarding school), migrate twice a year - a migration pattern typical to the Gobi. As with a lot of the Gobi families we work with, they live a quiet and reserved life - focusing on their small number of livestock. They offer one to four gers for visitors to stay in as this helps to supplement their herding income.

- Meals: L/D
- Travel: Roughly 235km on dirt and asphalt road (approx 5 hours driving time not including stops). Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions
- Biking: Up to 40km biking distance with support vehicle on mix of terrain including local dirt and gravel track jeep trails that connect small rural communities and seasonal pastures. There will be small ascents / descents. With vehicle support.

# Day Three

## Gobi Oasis Tree Planting Project



Bike to and explore the provincial capital of Mandalgobi including enjoying an informal stay at the Gobi Oasis Tree Planting Project - a small, family run, non-profit conservation project that has been operating since 1975.

### Why Do We Stay Here?

Gobi Oasis is a small tree-planting nursery project established by Byamba Tseyen in her hometown of Mandalgobi, Dundgobi in the Gobi Desert of Mongolia in 1975. For over 40 years, she has been leading this conservation project by growing small seeds & branches, and nurturing them in harsh conditions, before replanting them in areas in desperate need for defence against desertification.

Each group typically plants one tree at the nursery - EL and our guests have now planted over 120 of our own trees - species which are native to the desert - which represents around 3% of the total number of trees planted at Gobi Oasis.

As well as planting your own tree, we make a substantial donation per person for their visit and this payment will go towards the work of Gobi Oasis.

You will stay as the guests of Byamba and Radnaa - the founders of Gobi Oasis. Urnaa is their daughter-in-law and she will be your main host. She enjoys interaction with her guests and likes when they help her to prepare the evening meal.

**The maximum cycling option (with driving support) is approximately 75 km on gravel / dirt track - local jeep trails that connect the small rural communities with the provincial capital. Some of the flatter hard packed sections are interrupted by short loose parts and a corrugated washboard surface.**

## Logistics

- **Accommodation:** Comfortable ger at homestay in town. Sit down drop outside toilet. Hot shower available at the local town shower house - your own private cubicle with plenty of hot water. Queue with the locals and enjoy experiencing a little of their daily way of life



- **Meals:** B/L/D
  - **Travel:** Roughly prox 75km total on dirt road with all available for bike option. Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions
  - **Biking:** Up to 75km biking distance with support vehicle on gravel / dirt track - local jeep trails that connect the small rural communities with the provincial capital. Some of the flatter hard packed sections are interrupted by short loose parts and a corrugated washboard surface. With vehicle support.
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# Day Four

## Erdenedalai

**Erdenedalai is our secret. Far from the 'highlights,' the 'must sees,' and large tour groups it is a beautiful region little visited by other international visitors. And that's exactly why we make it one of our bases. It's great for slow travel experiences of a more immersive kind.**



Erdenedalai is Mongolian for 'Jewel Ocean' and although far from the ocean this tight knit and traditional community located in the middle of the Gobi steppe provides a genuine insight into everyday life in Mongolia.

Even though annual precipitation in this area is low, with no permanent lakes and very few springs, roughly 5880 herder households make their home in this transition zone between steppe and desert. It is a beautiful region little visited by other international visitors as it's not considered a highlight by guidebook writers or tour companies. And that's exactly why we make it one of our bases. As mentioned, it's great for slow travel experiences of a more immersive kind. Although just wide stretching semi-desert steppe, the views are expansive.

Having arrived, the rest of your time will be spent at the homes of the herding families that we work with in the area - roughly 14km from the main centre of Erdenedalai. We don't detail what you will do on your arrival - that's because we do things a little differently and leave the plan flexible as this leads to a more respectful and Mongolian style experience but expect to spend the second day exploring the local way of life through the eyes of the rural families we work with in the region.

**As well as experiencing the daily way of life or taking an informal cookery lesson, other options include:**

- A full-day horse trek
- For those interested, we also support a local musician who can provide an informal concert - he is also the manager of the local weather station

## Logistics

- **Accommodation:** With Nergui herding family. Hot shower available at the local town shower house - your own private cubicle with plenty of hot water. Queue with the locals and enjoy experiencing a little of their daily way of life



This is the first of EL's own ger homestays in partnership with the herding families of Erdenedalai. We focused on a region little visited by other western groups as this meant our support would have more impact. The income raised from this homestay provides an additional income to the herding families that host you during your stay. We work side by side with the family making sure our experiences are put together in a way which benefits the families, rather than disrupting their lives. As our guest you benefit from a more intimate and genuine experience.

- **Meals:** B/L/D
  - **Travel:** Approx 110km total on dirt road with all available for bike option. Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions
  - **Biking:** Up to 110km biking distance with support vehicle. Numerous routes available ... all typically on harder packed dirt road & gravel / dirt track - local jeep trails that connect the small rural communities with the provincial capital. With vehicle support.
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# Day Five

## Erdenedalai (Ger to Ger)



A relaxed day spent travelling from 'ger to ger' by bike. You'll meet the families that we work with in the area and get a more genuine introduction into their everyday way of life. However, we leave the plan entirely flexible and in the hands of your hosts as this leads to a more organic and Mongolian type of exploration and experience.'

Just be prepared to swap a spin on your bike for a gallop on a horse! The locals love it when we bring the bikes!

The day will finish with a traditional Mongolian barbecue - prepared by your EL team. We invite those from the local community to come and join us.



### Logistics

- **Accommodation:** With Nergui herding family. Hot shower available at the local town shower house - your own private cubicle with plenty of hot water. Queue with the locals and enjoy experiencing a little of their daily way of life
  - **Meals:** B/L/D
  - **Biking:** Up to 50km total on dirt road with all available for bike option. With vehicle support.
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# Day Six

## Zorgol Khairkhan | Ulaanbaatar



Travel back to UB via the always beautiful Zorgol Khairkhan - a sacred granite a mountain that rises almost vertically out of the steppe in the Bayan-Unjul district of Tuv Aimag. The massif, including its 1668m peak, is venerated and revered by the local people. It forms part of the Mongolian granite belt and the small natural springs are vital for the herders and the wildlife in this region. It makes a beautiful place for a lunchtime bike ride.



On arrival back into UB, we'll transfer you to your accommodation in UB and the rest of the day will be yours to create your own experience. Remember you could use our UB guide to help you to explore the urban side of Mongolian life in downtown Ulaan Baatar. Alternatively, one of our trip assistants could be made available but please let me know in advance.

### Logistics

- Accommodation: Of your own choice
  - Meals: B/L
  - Travel: Roughly 280km on dirt and asphalt road (approx 6 hours driving time not including stops). Averages of between 30 and 65 km/hr are usual but depend on road and weather conditions
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# Logistics



## Support

The trip is fully supported with an EL Mongolian team of (female) trip assistant and (male) driver. Our Russian Furgon 4x4 vans provide backup - transferring luggage and all equipment and maybe at times those who need four wheels not two!

## Safety

Wearing a helmet is compulsory. If you take an EL bike then you'll have free use of a helmet. Your trip assistant is trained in first aid and there's a medical kit in each van. But, to a large degree you must be responsible for your own safety while riding. Your EL team will also carry walkie talkies.

## Pace and Experience

You make your own pace. Distances are detailed in the itinerary but are kept flexible. While there are no 'technical' mountain biking sections experience in riding dirt trails will be an advantage (see below).

Depending on the itinerary, there will be climbs - some quite vigorous.

## Terrain

There's no biking on asphalt / main roads - it's all classed as off road. While the trails are generally smooth (ish - expect hard-packed dirt roads), some passes have loose gravel and sandy patches with some rocky descents. The weather will also impact on the terrain. At times there will be a strong headwind which can make for slow progress. Depending on your route, there may be river crossings (but remember you have the vans if you don't want the challenge).

## Bikes

The bikes are Giant XTC 800 with lightweight alloy frames, Shimano components and front suspension. If you bring your own bike, please make sure it is a mountain bike, preferably with front suspension, and that it is in good mechanical order. Each van has Thule bike racks (17kg maximum weight).

## Repair

All bikes are serviced prior to the trip. Basic spares and tools are carried in the support vehicle, though we cannot guarantee having spares for every conceivable problem. If you're bringing your own bike then also bring a basic tool kit, a spare tube and an air pump suitable for the bike.

## Accommodation

A variety of accommodation - see the itinerary for details

## Pricing And Group Size

- For all of our trips we offer a sliding price scale. We appreciate your holiday funds are precious and so the more people that book so the price comes down and everyone benefits.
- If you are travelling with children, let us know their ages as we do offer free experiences for children under 15 excluding certain costs.
- Price below is with a maximum of 3 people per vehicle - can be adapted.

The prices below include use of a GIANT XTC 800 bike. If you prefer to bring your own bike, please ask for the prices.

- 2 Guests US\$ 1490 pp
- 3-5 Guests US\$ 1400 pp
- 6 Guests US\$ 1240 pp

Maybe you want to bike but your travel partner doesn't? No problem. Both come along. Your travel partner will receive a 'no biking' discount (included in the pricing below).

- 2 Guests US\$ 1285 pp
- 3-5 Guests US\$ 1325 pp
- 6 Guests US\$ 1180 pp

## Where Your Payment Goes

- In our experience, how people choose who to book with usually comes down to the cost. Budget is a very personal thing and everyone is different in what they want to pay.
- We're a registered Mongolian business and registered social entrepreneurship. We are not a luxury tour operator. We're a small business that receives around 100-150 bookings per year. We can't compete on price with our budget competition that don't pay sustainable wages, or with the international companies that use agencies to run their trips and receive 1000s of bookings per year. We also can't compete with unregulated individual guides or drivers that offer cut-price trips.
- To help you see where your payment goes, we're very much driven by our philosophy of making a positive difference in Mongolia through tourism. Your payment remains in Mongolia and goes back into the communities through which you travel. We are also a member of Tourism Declares A Climate Emergency - a collective of travel organisations who have declared a climate emergency and are coming together to find solutions. We accept our responsibility to tell the truth, work together, and help build a new, regenerative tourism.
- We focus on community-based tourism - working directly with local people and communities - slowly building up relationships and what we call long-term local community partnerships with them. We work side by side with each family and look at ways we can support them.
- We also run our free long-term training school for Mongolian women that want to work in tourism but don't have the skills or knowledge to do so. We provide free training and then create long-term employment opportunities for them.

## Exclusions

Please be aware that my trip pricing excludes the price of accommodation in UB though. Why? Everyone is different is the standard of accommodation they prefer at the start and end of a trip. As there is now such a variety of hotels in UB it is easier to exclude this cost. I provide a list of ideas covering varying standards and budgets and I can also help with booking. There's everything from a homestay through to Airbnb, US\$10 guesthouses and the Shangri-La!



I provide detailed Pre Departure Guidelines but this is your 'quick (ish) glance' introduction to the EL travel style.

Why this section? I'm not greedy. EL is not a general travel agency and we don't want to be all things to all people. We are an independent micro business driven by the philosophy to support local so that our style of trip is beneficial to all. We use no outside agencies.

We are not perfect. We are just ordinary people trying our best to do something we love. We are not an ever-expanding group of travel professionals. We make mistakes. But we genuinely know and love Mongolia and are willing and eager to learn, develop and strengthen based on feedback from our guests and from all we

## Travelling In Mongolia

Mongolia is the second largest landlocked country in the world. The infrastructure is basic. Mongolian people are tough and resilient and make their way of life in both the city and countryside look easier than it is. Mongolia will challenge you and at times irritate you but it's worth the effort. We're on hand to iron out any niggles and make the experience as smooth as possible but please remember that most of these hiccups are part of life in Mongolia and therefore travelling in Mongolia. We expect you to bring your flexibility and sense of adventure with you.

## Travel Times

The travel times are listed under the breakdown of the daily itinerary (under the subheading logistics). Please make sure you are aware of these travel times but remember that an integral part of Mongolian culture is not to ask about the length (time) of any road journey. Mongolia can be a challenging destination, road conditions can change dramatically with the weather and some drives may become longer as a result. But, don't be put off by the road journeys. They're part of Mongolian life. Accept them as part of the experience - Mongolia really is about the journey as much as the destination.

## Your Tour Vehicle - The Russian UAZ \ Furgon Van

- Our Furgons are driver owned but we support the drivers with maintenance fees.
- Each Furgon has a high wheel-base, ample luggage space, a sociable layout with forward and backward facing seats, surround side windows and most importantly, impressive off-road capability.
- As is typical with all Furgons, due to the design of the vehicle, seat-belts are not available (2019 although we're working on it for 2020. Get in touch for details if you're concerned) but our Furgons are fitted with grab handles in the passenger area.
- Each EL vehicle has it's own simple mobile kitchen, its own sunshade, a small library as well as a 220v inverter/charger. We only put a maximum of three to four EL guests per vehicle.

## Your EL Team

### English speaking Female Mongolian trip assistant

- As a female, it is important to me to use my skills and influence to improve the prospects for other women.
- We don't source the 'best' guides that work the tourism circuit and that already have guaranteed work with other companies. Instead, we provide free long-term training, development and employment opportunities to Mongolian women that want the opportunity to work in tourism (whether that be for a professional reason, for development of personal skills or for economic empowerment) but that other companies won't take as they don't fit the stereotype. Our female Mongolian trip assistants are dynamic women who are searching for an opportunity to train and develop and we provide that long-term opportunity.
- You'll travel with someone who sincerely loves their home country, loves their job and genuinely care about you as our guests. They also have a respectful connection with each of the families we work with and this leads to a more genuine insight for you.
- For us, this is a long-term investment and we invite you to part of this bigger travel philosophy. We're proud to be able to provide a starting block to women in Mongolia.

### Male Mongolian Driver

- We employ ten drivers. We know each one and their family personally.
- They are not modern city men - they are more traditional men - often now overlooked by other tour companies who prefer younger more international Mongolians who speak English. We wanted to provide equal opportunities and so as our trip assistants are female and typically younger with a more modern outlook, so our drivers are all male, older and from more traditional backgrounds. We find it is a partnership that works well.
- Yes, their English is limited but their role is to handle the Mongolian roads and not to converse fluently in a multitude of languages.
- Our 'boys' have superb driving skills, are expert mechanics and are supremely talented at the skill of 'mongolclok' - improvising the Mongolian way. It's a joy to watch so if your vehicle does break down, don't get angry. Instead, watch the drivers do what they do best - improvisation.
- They are of the strong and silent type but take the time to know them and you'll see why we employ them and why they are an essential part of our EL family and great, all-round men.

## Our Local Long Term Community Partnerships

- We work with a network of local families throughout the country. These are long-term local partnerships we have built up over the 13 years+ we have been based here. These are also our own personal friendships.
- BUT ... We never ask a family to change their daily living for us. We do not try to change Mongolians or their way of life for our/your own benefit or comfort. We don't ask them to change their daily schedule or to put on an 'act' as this would lead to a contrived experience.
- BUT ... Guidebooks portray Mongolians as being warm and welcoming. They are. But they can also be stubborn, taciturn, reserved and very very indifferent. Yes, they can be welcoming but they really do not like displays of impatience, superiority, arrogance or anger and will make it known when they are not happy. They also rarely wear a watch let alone work to an agenda.
- BUT ... As in our everyday lives, sometimes plans change and a family has to go to UB (for a medical reason etc). You will almost certainly comment that you will wish you had more interaction with local families but their livestock and their family life must come first. Reverse the situation for a moment and think about the impact on your life if visitors wanted to document everything about you.
- BUT ... Nothing is planned in any program, because we do not disturb the rhythm of life of the working families visited. We are just trying to share / experience a portion of their life.
- **Yes, there will be tasks in which you can participate. But, you need to be proactive. Offer your time and help.**

### Logistics - Meals

- Mongolia one of the most remote countries in the world with a population of 70 million+ livestock. The food Mongolians eat reflect this.
- However, each of our vehicles has a simple portable kitchen as it offers you more freedom and flexibility as we're not reliant on anyone else to provide meals. It also means we can have picnic lunches en-route so as we prepare them you can be exploring the local landscapes or sitting and taking in the view.
- But, it's not the same as a modern well-equipped kitchen. Also, your trip assistants prepare your meals and we're not professional chefs. Also, we take food miles into consideration and prefer to purchase produce local to Mongolia so we do not provide kale smoothies or Thai curries or paella or Chinese stir fry. We just provide honest, heartening grub.
- We buy as much fresh produce as possible but fresh fruit is not available daily. Please remember where you are and that there will be limitations as to what we can provide. If you're the type of person that must have five pieces of fruit a day then you may struggle.
- We often include the families we work with in our meals and so cook to please all including the EL team. However, we do adapt to those with dietary requirements. We frequently cater for vegetarians, those who are following dairy or gluten free diets and even vegans but as mentioned, there will be limitations in place.

### Logistics - Weather

Mongolia's weather system has a reputation for a reason. And yes, it may well rain. See it as a blessing. Mongolian herders celebrate rain as without it fresh pasture cannot grow and they lose their livelihoods. We'll prepare you for what weather to expect during your trip (including links to the long-range weather forecast for the regions you will be visiting) and also provide a detailed packing list on booking.

### Accommodation - Family Operated Ger Accommodation & Homestays

- As much as possible we use rural family operated ger accommodation. We prefer to support this local form of accommodation as it helps provide a supplementary income and extra financial security for them meaning they are one step further away from having to consider urban migration.
- These are all families we work in long-term local community partnership with - we NEVER turn up unannounced and we never just turn up to a herding family demanding accommodation.
- The circumstances and type of ger accommodation provided will change from family to family. Consider them as small rural businesses NOT rustic luxury homestays. Some accommodation is offered by herders (maybe one separate ger), some is offered by 'retired' herders who no longer migrate (two to four separate gers), some by families that live in small town communities and some by families that own small ger camp businesses (mini ger camps of between 7 to 10 gers). On a couple of itineraries it may also involve sleeping on the floor of the family ger on a mat (such as in western Mongolia).
- Be prepared for a variety of standards. Please remember that this is someone's way of life and home and that they provide what they can in relation to their circumstances.
- Beds will vary in comfort - most rural family members still traditionally sleep on the floor so don't really understand the concept of double memory foam mattresses! See below for more details on toilets and showers.
- You should have your own private ger either to share as an EL group (small group trip) or on your own (tailor made trip) but we don't offer exclusivity as this limits the income of the families so do expect other westerners during peak times. We try to get the right balance but during peak season please accept that you might see other westerners

### Accommodation - Toilets & Showers (Family & Homestay)

- **A majority of Mongolia's population do not have access to running water.**
- Toilets - Some will be better than expected. Some will be worse than expected. Most will be outside long (or short) drop Asian style and if it is at a family home then the toilet will be shared by you and the family. The toilets are not there to disgust you - this is the reality of life on the ground.
- Showers - Most Mongolians visit the local town shower house. So this is what you do as well. It gives you an introduction to real daily life for a majority of Mongolians in both urban and rural areas as well as a hot shower. You get your own private cubicle with plenty of hot water. Queue with the locals and enjoy experiencing a little of their daily way of life

### Accommodation - Tourist Ger Camps

- If requested and in some locations (such as Khovsgol), we do offer accommodation at ger camps. We don't book the most luxurious or the most exclusive. Instead, we choose the ones that we think work best for you and your style of trip as well as the locations you are visiting.
- There **WILL** be times during your journey when the availability of certain amenities at these ger camps may be lacking. The reasons for this can be varied - low season; high season; electricity/generator problems; remote locations; the simple fact that some amenities are only catered for between certain times of the day. Examples of this could be a ger camp having a lack of hot water, or only having hot water at certain times.
- Lighting in the evening at some places may be by candle-light, and electricity may not be available.
- **Also be prepared for noise - especially if it is in the busy summer season. Not just from the large tour groups that use the ger camps but also from staff members that often congregate in the evenings, the noise of generators when used and also from the parking area ... where drivers head to carry out mechanics and to meet other driver friends they haven't seen in a while. Not all ger camps will be the peaceful idyll you may expect.**

### Accommodation - Tent Camps

- Not all itineraries include tent camping. Please check your itinerary.
- We use VANGO Hurricane or Nemesis tents. There is also always a kitchen tent and also a toilet tent. However, this is not the same as a 5\* safari in Africa!
- When camping, we do not camp too close to family gers as this intrudes on their privacy. However, local life is only a short walk away. If you like landscapes then you will love our campsites.

### Accommodation - Local Hotels

- We don't use hotels in all itineraries.
- Where we do use a hotel, it is locally owned - built for the passing Mongolian trade rather than for western visitors so they have been built with the local population in mind so they are not corporate chains. However, one or two will pleasantly surprise you.
- Why do we do this? It brings money and support into the local communities. As well as staying at the hotel we eat in local restaurants and buy our tour produce from the local market so you get a more real insight into the way of life for the locality.

## 21st Century Mongolia

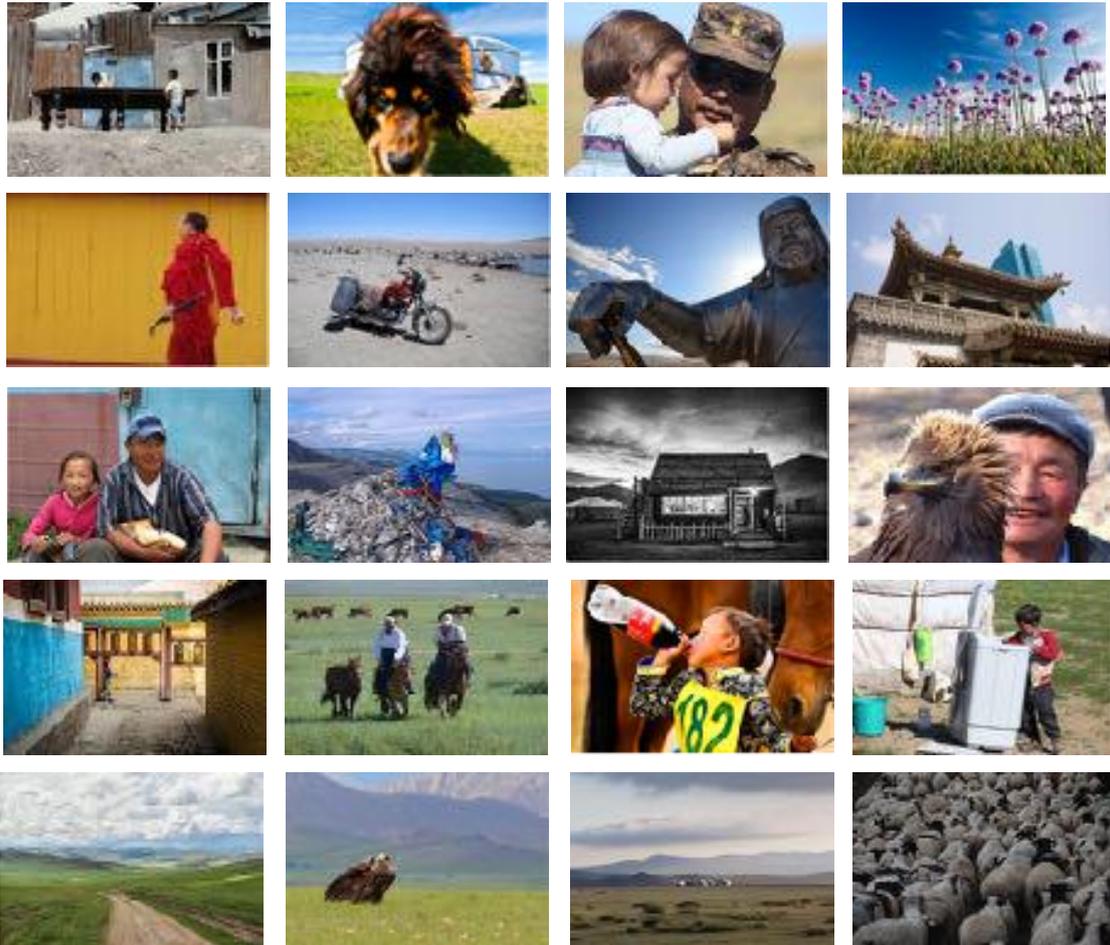


Mongolia is frequently depicted as a pristine untouched wilderness little changed since the time of Chinggis Khan. But this is not 21st Century Mongolia - this is stereotype or clichéd Mongolia. The traditional culture still remains but there is a drive for modernity and progress.

Our trips focus on 21st Century Mongolia - we try to provide a 'realistic' overview rather than that portrayed by guidebooks and other tour companies. To just want to experience the life of the traditional nomadic way of life is to ignore a majority of the population. We're proud of the long-term local community partnerships we have formed with all spectrums of Mongolian society - from a philanthropist in Ulaanbaatar, to female Kazakh eagle huntresses and also the Tsaatan community. However, Mongolians live in the cities of Darkhan and Erdenet. They also live in the other provincial centres as well as the smaller town and rural communities. There are teachers and Christians and those with disabilities and policemen and musicians and military personnel and accountants and miners and geologists and drivers and shop owners and construction workers and street cleaners - they are all Mongolians.

Don't come in search of what you term the authentic Mongolia. Discard the perceptions that perpetuate the stereotypes of Mongolia and aim for a more true encounter of real life. We ask you to ditch your preconceptions based on what you've read and watched. Instead come with an open mind and be challenged, surprised and often delighted.

Gobi Steppe Trails  
6 Days & option of free city walking tour of Ulaanbaatar



There's a hunger for knowledge, understanding, and excellence that drives Mongolian society, and things are changing quickly, but remember that a lot of major changes have happened within just a couple generations. Be patient with Mongolia. While it works through the changes that are going to make it better place, savour the gifts it offers and try to spend less time worrying about small issues that aren't being met - such as hot showers or lack of western toilets. Remember, Mongolians are living this life everyday through all seasons not just for a few weeks.

Mongolians are tough people and make living in their country look easy. But, Mongolia is not an easy option - tourism is still in its infancy so there is only a rudimentary tourist infrastructure in place. It's actually quite refreshing but will be challenging for you.

As Jack Weatherford writes in *Genghis Khan and the Making of the Modern World* - 'Compared to the difficulty of daily life for the herders, living permanently in those areas, ours were only the smallest of irritations.'

Any questions, queries or concerns? Just send them across to me at [jess@eternal-landscapes.co.uk](mailto:jess@eternal-landscapes.co.uk). I am always happy to be of help!

*Jess*